

Consulting expertise

Helga Brüggemann

Education and teaching experience

First degree

Secondary Level I /II German, French, Paedagogy (majoring in Educational Psychology), Ruhr University Bochum, François Rabelais University, Tours, graduated in 1991

Second degree

Management at the University of Hagen, graduated in 2000

Teaching position

Lecturer in multi-dimensional organisational development at the University of Kassel



Professional experience and training

Internal

Eleven years' professional experience as a personnel and organisational developer and change manager

External

Eleven years' professional experience as a management consultant, facilitator and process adviser

Training

Hypno Systemic, 2015
Mental Techniques, 2014
Organisational Set-up, 2011
Appreciative Inquiry, 2010
Process Work based on the methods of A. Mindell, 2009
Dynamic Facilitation, 2008
Facilitation (CPF), 2007
Innovation Management, 2005
Systemic Consulting (SG), 2004
Myers-Briggs Type Indicator, 2003
Internal Consulting, 2002
Group Dynamics, 1999
Communication Psychology, 1998
Assessor EfQM Model, 1997
Trainer Qualification, 1993

Consulting experience

Industry experience

Consumer goods industry
Production industry
Technology companies
Financial services
Energy providers
Retail

Fields of expertise

Design and present workshops and disseminator programmes
Advise managers
Facilitate change
Design and present large group events

Variety of methods (selection)

Appreciative Inquiry (AI)
Business Evolution Lounge®
Circle
Lego Serious Play
Open Space Technology
Organisational Set-up
Process Workshops
Story Telling
Tetralemma
World Café
Future Conferences